

# **Food & Nutrition Support Resources**

#### **Local Churches**

Many local churches host free meal programs and food drives throughout the season.

#### **Retail Support**

#### **Walgreens Seniors Day:**

Walgreens offers a 20% discount to customers 55 and older on the first Tuesday of every month.

- Must be a myWalgreens member.
- In-store or online (use code SENIOR20).

### **Local Food Pantries & Free Food Access**

#### **Danvers People to People Food Pantry**

**Address:** 12 Sylvan St, Danvers, MA 01923 **Hours:** Tues, Wed, Thurs: 9 AM-12 PM

#### The Open Door

Address: 28 Emerson Ave, Gloucester, MA 01930

Hours:

- Mon, Tues, Wed, Thurs, Fri: 8:30 AM-6 PM
- Closed Sat & Sun

# **Our Neighbors' Table (Amesbury Market)**

Address: 194 Main St, Amesbury, MA 01913

Hours:

Thurs: 10:30 AM-6:30 PM

• Fri: 9 AM-3 PM

### **Reading Food Pantry**

Address: 6 Salem St, Reading, MA 01867

Hours:

Mon: 6:30-7:30 PMFri: 10:30-11:30 AM

#### **Top Cupboard Food Pantry**

Address: 124 River Rd, Topsfield, MA 01983

Hours: Sat: 8-10 AM

# **Christian Community Services**

Address: 150 Haverhill St, North Reading, MA 01864

Hours: Mon: 9:30-11 AM

#### **Catholic Charities Lynn Food Pantry**

Address: 8 Silsbee St, Lynn, MA 01901

Hours:

Mon, Wed, Fri: 9 AM-12 PM, 1-3 PM

• Tues, Thurs: 1–3 PM

### **Beverly Bootstraps Community Services**

Address: 90 Colon St, Beverly, MA 01915

Hours:

Mon: 10 AM-4 PM
Tues: 1-6 PM
Wed: 10 AM-6 PM
Thurs: 10 AM-2 PM

**Please bring:** Proof of residence (mail postmarked within 30 days) from Beverly, Manchester, Essex,

Hamilton, or Wenham.

### The Food Project – Lynn

Address: 120 Munroe St, Lynn, MA 01901

Hours: Tues, Wed: 9 AM-5 PM

### **Haven From Hunger**

Address: 71 Wallis St, Peabody, MA 01960

Hours:

Mon-Fri: 10:30 AM-2:30 PMThurs: 12:30-2:30 PM, 6-8 PM

## The Market - The Salem Pantry

Address: 47 Leavitt St, Salem, MA 01970

Hours:

• Wed: 3-7 PM

• Thurs, Fri: 11 AM-3 PM

Sat: 10 AM-2 PM

#### **The Greater Boston Food Bank**

Address: 70 S Bay Ave, Boston, MA 02118

Hours:

• Mon-Fri: 8 AM-4:30 PM

• Sat: 8 AM-2 PM